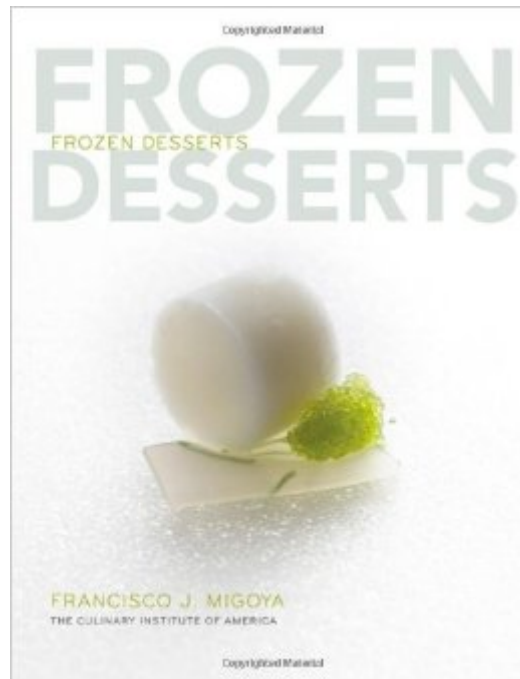


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# Frozen Desserts



## Synopsis

A definitive guide to frozen desserts offers tips and techniques for formulating recipes for ice creams, gelato, sorbets, and sherbets and includes recipes for creating two hundred savory items. Title: Frozen Desserts Author: Migoya, Francisco Publisher: John Wiley & Sons Inc Publication Date: 2008/08/25 Number of Pages: 440 Binding Type: HARDCOVER Library of Congress: 2007035515

## Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (35 customer reviews)

Best Sellers Rank: #355,935 in Books (See Top 100 in Books) #81 in [Books > Cookbooks, Food & Wine > Desserts > Frozen Desserts](#) #145 in [Books > Cookbooks, Food & Wine > Professional Cooking](#) #1163 in [Books > Cookbooks, Food & Wine > Kitchen Appliances](#)

## Customer Reviews

This is the second book from the Culinary Institute of America that I have bought, the first being Chocolates and Confections by Grewelling. They are both luxury editions by Wiley. The author Mr Francisco Migoya has studied in both France (which is always a good sign) and Mexico. He has produced an exceptional piece of work, a labor of love concerning all kinds of frozen desserts and their presentation. The whole edition is characterised by class and quality, printed on gloss paper, with lots of photographs, most of them full page. There are tables throughout with interesting and helpful information. The measurements used are both Metric and Imperial weights. No cups and spoons here, they allow too much space for error. I have to note that this is a book strictly for professionals, using equipment only available to them like Ice Cream machines, chillers, blast freezers, precision scales etc. The only way in which a home cook can benefit from the content is by being inspired from the decorations and try to impress their guests using home made or commercial Ice cream. The book itself is divided into eight main chapters: 1) A brief history of frozen desserts. 2) Ingredients. 3) Equipment, Machines, and Tools. 4) Dairy based frozen desserts. 5) Non dairy frozen

desserts.6) Aerated still frozen desserts.7) Finished items.8) Base recipes.In the introduction the author mentions that he has mainly worked on plated desserts throughout his career and the book reflects that, as most creations are plated and for the hotel or cafe industry, which is of course the main market for frozen desserts. There are several frozen entremets (whole gateaux) but they are the exception, not the rule.

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